



Northern
Schools
Early Years



Children's Kindergarten Handbook

Acknowledgement of Country

Northern Schools Early Years acknowledges the traditional owners of the land on which we deliver our services, the Wurundjeri People, and their continuing connection to land and community. We pay our respects to them and their cultures, and to their Elders past, present and emerging.

We acknowledge the Aboriginal and Torres Strait Islander people's deep connection to Country. We are committed to listen and learn with our community, and do our part to work towards Reconciliation.



NSEY is a Child Safe organisation

Our Commitment to Child Safety:

Northern Schools Early Years (NSEY) is committed to child safety.

We want children to be safe, happy and empowered.

We support and respect all children, as well as our staff and volunteers.

We are committed to the safety, participation and empowerment of all children.

We have zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures.

We have legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

NSEY is committed to preventing child abuse and identifying risks early, and removing and reducing these risks.

NSEY has robust human resources and recruitment practices to reduce the risk of child abuse by new and existing board members, staff and volunteers.

NSEY is committed to regularly training and educating our board members, staff and volunteers on child abuse risks.

We are committed to the cultural safety of Aboriginal children, the cultural safety of children from culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children with a disability.

We have specific policies and procedures in place that support our board members, staff and volunteers to achieve these commitments.



Are you feeling...

Scared?



Yucky?



Worried?

Worried?



Sad?

Tell grown-ups



Children's Kindergarten Handbook

This book belongs to:

Name of kindergarten:

Teachers' names:

.....

Kindergarten phone:

Session days/times:

Draw your picture:



Welcome to kindergarten at the NSEYC



The kindergarten is on Wurundjeri Land. Each day we thank the Aboriginal people and pay our respects.



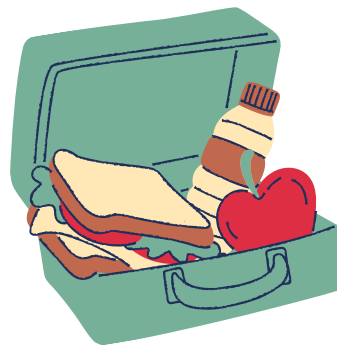
“Here is the land, here is the sky. Here are my friends, and here am I. We thank the Wurundjeri people for the land on which we play and learn.”

What to bring to kinder

Back pack



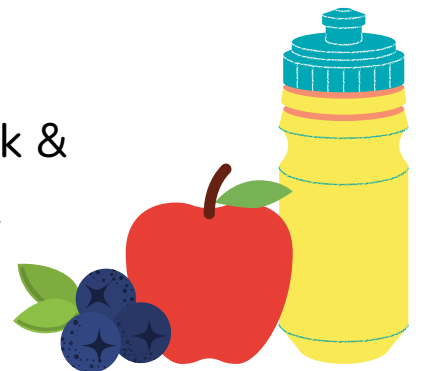
Lunch box
or bag with
lunch



Sun hat



Snack &
drink

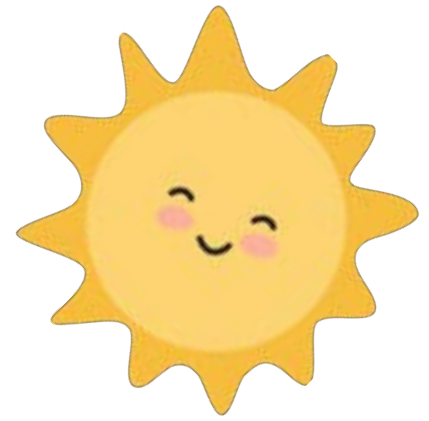


Change of clothes
- shirt, pants, underwear
and socks



Coat or jacket

Coming to kinder



Kindergarten is a place where you can learn, play, and have fun.
Your teachers are here to help you feel safe and happy.
We are excited to have you and your family join us.

This book is all about what happens at kindergarten. You may like to draw some pictures or add photos in this book. It is your book to keep.



Muhammed - "I enter the school with my mama. Then I say hello to everyone and put on sunscreen."

It is ok to feel sad or shy when you first come to kindergarten. Your teachers will help you to settle in.

Jett says: "When I come to Kinder my mum leaves me here. Sometimes I am a bit sad that mum leaves me here, but I know you (teacher) are here with me and I am not sad anymore. I know you will play with me and I am ok".

Some children walk to kinder.
Some children come by car or
catch the bus.

Sulayman - "Me and mum walk to kinder every day when it is sunny but when it's raining, we drive. When I arrive at kinder, I say goodbye to my mum and then I say hello to my teacher and friends."



How will you get to kinder?
You might like to draw a map of the way to get to kinder.



Making friends

You will make new friends at kindergarten and be part of our community.

Sometimes you may want to play with other children and sometimes you may want to be by yourself.

What are friends?

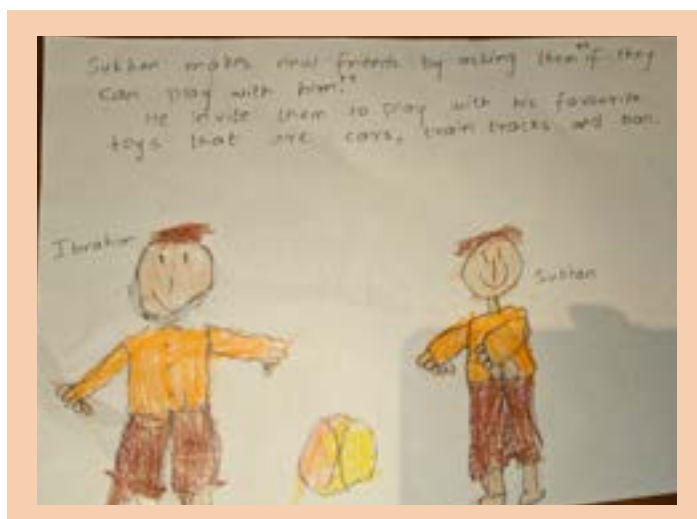
Amir - *"You play with them."*

Inaaya - *"I'm colouring all day with my friends."*

Deepraaj - *"We play nicely together."*

Ruby - *"Be nice and they will play with you."*

Hamda - *"I want to show them toys, drawings, slide, trampoline."*



Subhan makes new friends by asking if they can play with him. He shares his toys with his friends.

To make new friends you may like to say:

Zoe - "Would you like to play with me?"

Mariam - "What's your name?"

Abdullah - "What's your name? Can I play?"

Zehra - "What is your favourite food?"

Nooriah - "What's your favourite animal?"

"What's your
name?"
Mariam



"Can we play?"
Ismaeel



Khadijah - "Can you be my friend?"

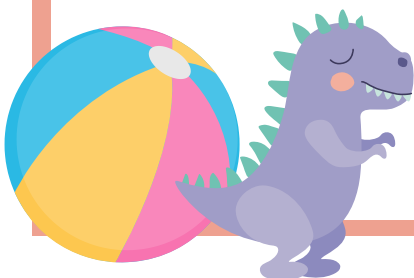
Afra - "Hi!"

Manara - "Can I be your friend?"

Aisha - "Can I play? Can we be friends?"

Ismaeel - "Can we play?"

What would you like to play with your friends at kinder?



Playing and learning

There are so many things to play and learn at kinder. You will have lots of fun.



Sheza - "I like cooking, Lego, books and snails."



Diya - "When we go outside to play, we need to wear a hat and sunscreen in summertime"

You will learn different skills like:
Counting and creating, designing, digging and problem solving.



Some children love science experiments.
Some children like to count, measure, paint
and create. Some children like to make
creations using recycled materials.



Learning about our cultures



At kindergarten we learn about
Aboriginal cultures and pay
respect to Aboriginal people as
the traditional owners of the land.

We also learn about the many
different cultures in our
community that come from other
countries, by sharing important
celebrations, food, language,
music and stories.



Looking after ourselves

We learn how to look after our minds and body. Sometimes we need to relax and rest. We can do that in different ways.

You may like to do yoga or read a book. You may like to enjoy some fresh air or find a quiet spot by yourself and just "be". When you are feeling sick, it is important you stay home to rest.



How do you like to rest and relax your body?



Eating at kinder

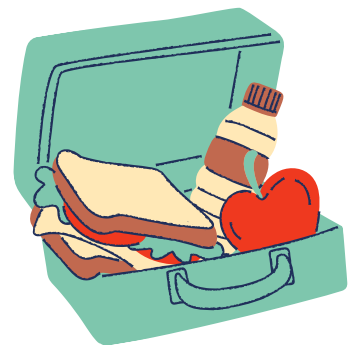


We also look after ourselves by eating healthy foods and drinking water. We learn about different foods that are good for our body and give us energy.

At kinder we clean the tables, wash our hands, and sit to eat with our friends.



We like to eat fruit and vegetables and drink water.
We put our scraps in the compost.



What healthy foods will you put in your lunch box?



Caring for nature

We care for our land and our environment in different ways.



Qia - "We need to look after our trees and flowers for the animals that live on them, birds and bees"



Nora is putting some parsley seeds in the small pot.



Cooper - "We have a vegetable garden at home with tomatoes and carrots, we eat them. Can we grow vegetables at kinder?"



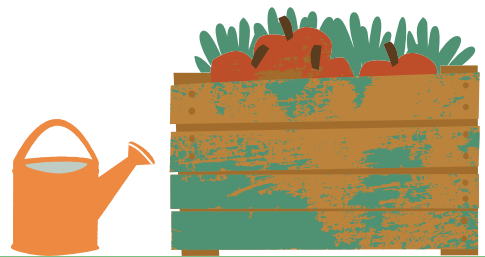
Sienna - "We look after the trees and my friends, just how they look after us"



Philus - *"I will water the plants to look after the environment"*



We always recycle and we compost our fruit and vegetable scraps.



How do you look after the environment?



Playing outside & bush kinder



At kindergarten we spend lots of time playing outside! We learn to play ball games, ride trikes and bikes, balance and climb and tell stories.

Sometimes we go on an excursion to the bush! At bush kindergarten we get to play in nature, roll down grassy mounds, balance along fallen logs, find insects, draw with sticks in the ground and make mud pies, and learn about Country.

When the weather is cold and wet we wear our jackets and gumboots so that we can still play outside.



Exploring our community



Sometimes we do excursions out into our local community



Sometimes we visit the school, or the school children come to visit the kindergarten

Sometimes at kindergarten, we go and visit other places. This is called an excursion. We may go to visit the school, play at the playground, or go for a walk.

Spending time at the school helps us become familiar for when we start Prep.

We learn about the community that is around us.

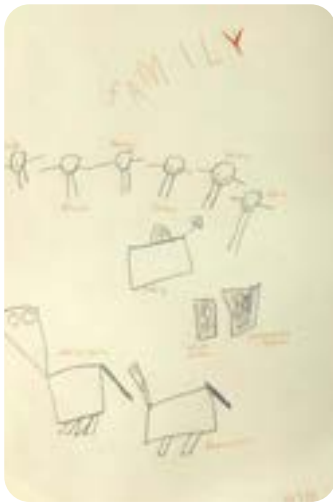


What is your community?



Going home from kinder

At the end of the busy day
you will say goodbye to
your teachers and friends.
Your family will come and
pick you up to go home.



This is Omar's
family eating
pizza.

This is a drawing of Akram's
family. He has 5 members in his
family.



Can you draw a picture of your family?



At kindergarten, we love a life of
learning and living



We look forward to seeing you soon!

A special thank you to the kindergarten
children who provided their ideas, drawings
and quotes for this book!

About NSEY

The Northern Schools Early Years Cluster Inc. (NSEY) is a not-for-profit Early Years Management organisation, based in the northern suburbs of Melbourne, managing early childhood services across the municipalities of Merri-bek, Hume, Melbourne and the Macedon Ranges.

The NSEYC's purpose is to Love a Life of Learning and Living. Our values are Trust, Respect, Relationships and Curiosity, and these values inform everything we do. We specialise in delivering high-quality early learning programs in close partnership with families, schools and the broader community, as we know this has enormous benefits for children's lifelong learning.

Most of our early childhood services are located on school sites. Our Kindergarten to Year 6 (K-6) model aims to make it easier for families to be involved in their children's learning, support collaboration between the kindergarten and Foundation teachers and provide continuity of learning for children from early childhood through to school. Our educational philosophy includes a focus on authentic relationships to support individual children's wellbeing and development, with a strong emphasis on learning through play in nature.

On the next page you can read more about our purpose, values and strategic goals for the NSEYC.

Thank you for being part of our learning community!

OUR PURPOSE

To love a
life of learning
and living

OUR VALUES

TRUST
RELATIONSHIPS
RESPECT
CURIOSITY

OUR GOALS

QUALITY
CHILDREN'S
SERVICES

SUSTAINABILITY

GROWTH

STRENGTHENING
COMMUNITIES

STRENGTHEN
OUR
WORKFORCE

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Your notes:

Your notes:

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the QR code to enrol



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